TO: Athletic Trainers and Athletic Teams
FROM: Sonya Comins, Head Athletic Trainer
RE: Athletic Training Services

Visiting Teams
The SUNY Cortland Athletic Training Staff would like to make your visit to our campus enjoyable and without incidence. The following information is being provided to assist you in the care and treatment of your student-athletes.

Please be aware we have two athletic training facilities. The John Sciera Athletic Training Room and the Karl Horak Athletic Training Room.

EVENT COVERAGE: An athletic trainer from SUNY Cortland will be available on site at all home events. If your team does not travel with an athletic trainer, please contact us in advance with written instructions regarding your athletes needs and a fully stocked medical kit. We will not tape visiting athletes unless they provide their own tape.

ATHLETIC TRAINING ROOM: Each team will have access to one of the athletic training facilities on site at SUNY Cortland which is located in either the Park Center Building or Stadium Complex. The athletic training room will be open 2 hours prior to the start of the game, and will remain open and staffed for one half hour after the game.

EQUIPMENT: Drinking water, bottles, treatment ice and the following emergency equipment will be available: emergency supplies, splints (vacuum), crutches, AED, biohazard container. We do not supply towels.

MODALITIES: On site modalities will include: Ice bags, hot packs, cold and warm whirlpools, ultrasound and electric stimulation units.*

(*Ultrasound and electrical stimulation require a physician’s prescription to be administered by one of our staff athletic trainers, however, any visiting athletic trainer may perform any modality treatment on his/her own athletes.)

If a physician is needed, our team physicians are on-call. All radiology needs will be handled through the Cortland Regional Medical Center Emergency Room or Cayuga Convenient Care which is located approximately 2 miles from the site.

CONTACT INFORMATION:
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ATHLETIC TRAINING FACILITIES
Sciera Athletic Training Room  Park Center  607 753 4901
Horak Athletic Training Room  Stadium Complex  607 758 5315

TEAM PHYSICIANS
John Cannizzaro, MD  SUNY Upstate  Team Orthopedic  315 464 4472
Fnu Seemant, MD  Cayuga Medical  Sports Medicine Physician  607 428 8004

HOSPITALS/URGENT CARE FACILITIES
Cortland Regional Medical Center (ER), Cortland, NY  607 753 3740
Cayuga Commons Convenient Care at Cortland, Cortland, NY  607 756 7200